

# What do you think? 15 minutes

How will you know if your young adult is doing well at 25? At 30?

- Quickly get into a group of 5 6 people
- Appoint a

Team Leader Time Keeper Recorder

- Let each person say ... or pass; poll group 2x
- Come to consensus about the top 3-5 issues
- Write them on card; Report to group

Copyright Robin Roman Wright and Carol Christian, 200

Agenda	Har Ourdchede Torlains
Baker's Dozen: Questions About Life After High School.  A New Economic Reality Jo Mark	et ·
A New Economic Reality     How Many Students Finish College?     Career Planning Is One Success Factor	
■ Ten-Step Process for Preparing For a Satisfying Career ■ What Is Career Coaching?	
What Is Career Coaching?  I dealifying was	able Shills
Copyright Robin Roman Wright and Carol Christian, 2009. All rights neserved.	

	Finishing College	Economy-
	1 11110111119 0011090	Now weent people
	■ Who is most likely to succeed?	
	Students who have	who are already
	□ Solid academic skills	trained Real worted
	□ Career Maturity Direction □ Have proven self-management skills – are	
	ready to live on their own.	Prowtegle required
	mende health reals	The in three feels 100
	Don't see what in the chapping Robin Roman Wingston Card Christian, 2002.  All rights reteried.  Land Christian, 2002.	final a degree lavel
Necos	Copyright Robin Roman Wingland Card Christian, 2009.  All John Marriers and Card Christian, 2009.  All John Wingland Ca	4 106
ADM1	I will be good as pare	and I are
Mano	is that entered them gro	do 105 - Technical shills
	Many Go, Few Finish	avoulable at Lyeur
	ividity 30, 1 544 i iiiioti	Corneges prove in
	■ 67% of high school grads are	A dette dama not the win Pura - and
	admitted to college	demand than Engreen
2,4	ear artificates our	an.
Ph	Fewer than 30% gain BA/BS or	77
-	higher within 10 years	
V		
V	Congregation Reports Weights and Carel Christian, 2008.	
gap.	Scorgispif Roofs Roman Wright and Carel Christian, 2009. All rights reserved.	
mane	y con Écoutive Levactr	and to
don	y con croculture person	OU.
O A	1 ( ) shills.	
auc		
	Completion Dates	
	Completion Rates	
	Of those who actually start	
	or those wile detailing start	7
	■32% finish in 4 years	
	32 /6 IIIISI III 4 years	2 lov
	) m	1 100
	■ 56% finish in 6 years	
	/ reserve	() 13
	Copyright Robin Roman Wright and Carol Christish. 2008. All legist received.	Jeor
	$\mathcal{H}$	

betroujed by college system.

### Success

- Comes about when students and parents "do" college and career planning from a strengths-based perspective and a laser focus on what is real.
- Involves a ten-step process.

Copyright Roble Roman Wright and Carol Christen, 200

## The Implications

- A 4-year BA degree may still be a good idea for many students. However,
  - ☐ Career Planning prior to enrolling in college is more important now than 30 years ago.
  - □ Approach college with a consumer mindset.
  - ☐ For many students in the "academic middle" waiting a year, or seeking an alternate path to education and a career, may be a better idea.

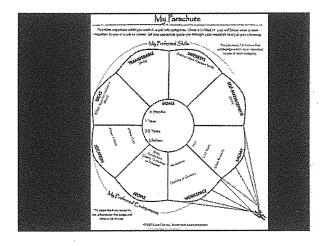
Copyright Robin Roman Wright and Carol Christon, 2009. All rights reserved...

## Strengths-based Career Planning

- Shoot for Horatio Alger
- Keep your eyes open and ears attuned
- Test assumptions
- Complete your "Picture of Your Ideal Job"
- Interact with/ learn about the marketplace
- Obtain the skills and knowledge you need
- Start employment
- Reflect and adapt
- Life-long learning

Copyright Robin Roman Wright and Carol Christen, 2009. All rights reserved...

WHITE CONTRACTOR OF THE CONTRA
•
<u> </u>



# Transferable shells

# What is a Strengths-based Approach?

- What are the student's talents, skills & interests that can be nurtured and developed?
- What value might these skills & talents have in the real world after gaining an education?
- Valuing some of the "giftedness" of your son or daughter.

Copyright Robin Roman Wright and Garol Christen. 2009. All rights reserved.

# Why is it important to identify Strengths?

"The best way to change a life of frustration into a life of mastery is by developing talents and strengths not just shoring up weaknesses."

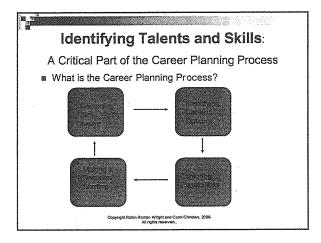
Edward M. Hallowell, M.D., and John J. Ratey, M.D.

■ Changes the Paradigm

■ Bolsters Confidence

Copyright Robin Roman Wright and Carol Christen, 2005

Copyright Ro	bin Roman	Wright a	and Carol	Christen,	2009 -	2012.	All rights	reserved.	For information
contact Robin	Roman W	/right at ₀	coachrobii	n@leader	shipan	dcaree	rs.com or	(978) 447-	1496.



## Find a Career that Suits You

- 10-Step Process for preparing for a satisfying career
  - 1. Understand Yourself
    - Take self-assessments
    - □ If needed, obtain a neuropsychological evaluation
    - Identify your transferable skills/ strengths

Copyright Robin Roman Wright and Carel Christen, 200 All rights reserved...

# 10-Step Process 2. Select your Fields of Fascination and complete a picture of "your ideal job." 3. Where are your skills and interests valued in the marketplace? 4. Identify 3 Job Targets that are most promising 5. Determine – what skills and knowledge you need to obtain employment in each of these jobs. a Consider a "gap" year. 6. Investigate options for gaining the skills and education you need with a consumer mindset – find the best learning environment for you.

Copyright Robin Roman Wright and Carol Christen, 2009 - 2012. All rights reserved. For information contact Robin Roman Wright at coachrobin@leadershipandcareers.com or (978) 447-1496.

## 10-Step Process

- 7. Start the learning/ education program.
- 8. Create a learning community for yourself. Seek help and use it.
- Develop networks and contacts.
- Take advantage of job shadowing opportunities, internships, service-learning programs.

Copyright Robin Roman Wright and Carel Christien, 200

# What Are the Wake-Up Calls?

- Consider a Plan B if your student is:
  - ☐ Receiving poor high school grades
  - ☐ Getting poor college admission test scores
  - ☐ Lacking a career direction
  - □ School has always been a source of conflict
  - □ Not liking to read
  - ☐ Always requiring close parental supervision to complete school work
  - ☐ Frequently cutting high school classes
  - ☐ Having trouble with the law, substance abuse.

Author: Ken Gray, Getting Real, Helping Teens Find Their Future.

Copyright Robin Roman Wright and Carol Christen, 2009.
All rights reserved.

# Wake-Up Calls – Less Obvious

- Consider a Plan B if your student is:
  - ☐ Being evasive about postsecondary plans
  - ☐ Always doing as little as possible in high school
  - ☐ Avoids taking the college entrance test (SAT, ACT)
  - □ Never getting around to filling out college application
  - ☐ Not applying to a college that requires an essay
  - □ Having parents filling out applications and writing the essays.

Author: Ken Gray, Getting Real, Helping Teens Find Their Future.

Copyright Robin Roman Wright and Carol Christen, 2009 All rights reserved.,

I	enon personal and
thy	ielf from perty or you you got a come charther of the come chart of t
a elle	
	<u> </u>
]	
Applementation materials	
J	

# Importance of Career Coaching ■ Positively ADD □ "People with ADD wrestle with getting organized, being on time, making plans, following through to the end of tasks, keeping up with projects, taking care of details and prioritizing what needs to be done next." \* □ Helps young people make the most of their special talents. "Promote their gifts and contain their problems." \* Positively ADD, p. 15 & 16 Copyright Robert Ruman Wight and Card Christon. 2008. All rights reserved.

## What is Career Coaching?

■ Career Coaching helps the student develop the "picture of their ideal job," identify his/her talents & skills, research possible career/ work options that fit his/her personality and choose a set of desirable options.

Copyright Robin Roman Wright and Carol Christen, 2009. All rights reserved...

## Benefits of Coaching

- AD/HD Coaching Fosters Independence & Effectiveness
- Career Coaching Helps With Self-Understanding and Setting a Direction for the Future

Coaching can help a teen or young adult create a life that is less frustrating and more rewarding.

Copyright Robin Roman Wright and Carol Christan, 2009 All rights reserved...

	Resources
	Books  Gray, Kenneth. Getting Real, Helping Teens Find Their Future. CA: Convin Press, 2009.
	Hailowell, Edward M., Corman, Catherine. Positively ADD, Real Success Stories to inspire Your Dreams. New York: Walker & Company, 2006.      Bolles, Richard N., Christen, Carol. What Color is Your Parachute? For Teens. CA: Berkeley, 2006.
	Covey, Sean. The 7 Habits of Highly Effective Teens. New York: Fireside, 1998.     Mooney, Jonathan, Cole, David. Learning Outside the Lines. New York: Fireside, 2000.
,	Mewhall, Patricia W. Study Skills: Research-Based Teaching Strategies. MA: Landmark School, 2008. Web Sites
	http://www.bis.gov/OCO/ www.eureka.org www.cacareerzone.org
	http://www.marknemko.com/articles/case-against-one-size-fits-all-education_id1580 www.parachute4teens.com_and_www.youthleadershipcareers.com_www.greatschools.net
	To Contact Robin call (978) 447-1496 or e-mail coechrobin@leadershipandcareers.com.  Copyright Robin Roman Weight and Card Christian, 2009.  All rights reserved.

Responsible.

Plan ahead.

Help ful.

Own supports

Network.

New charces | howe shower.

Mane charces | howe shower.

Have a life worth talkeng at out.

Self advocacy.